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Press Release IIM Jammu Orientation Program of the 2nd Batch of IPM: Day Two

<u>Wednesday, 07 September 2022</u>: The Institute commenced its 2nd day of the 3-day Orientation Program with a peaceful yoga session that focused on the theme, 'Maximize Happiness and Mindfulness' by the Yoga and Meditation trainer.

The yoga session was followed by interactive and thought-provoking sessions for the incoming batch. The first speaker of the day was Mr. Arjun Mohan, CEO, upGrad who elucidated the expectations of the IPM students from the industry after their graduation in 2027. He advised the students to start taking their own decisions and to own them. He also focused on points such as the domain options available to students, different sources of learning, teaching approaches carried out in top B-Schools of the world, and options available after graduation.

In the next session, Ms. Neeru Monga, an HR Manager, Deloitte, provided her extensive knowledge of the HR field in the industry. She covered various aspects of the HR domain, ranging from the importance and basics of HR to in-depth concepts. The informative and immersive session left the students informed and energetic.

Further, Dr. Harbaksh Singh, Chief Medical Officer, Jammu, conducted a brief session on 'Handling Adolescent Age Aspects'. He advised the students not to have restrictions on expressing themselves. Moreover, students took this as an opportunity to clarify the queries on health and sanitation which were patiently answered by Dr. Singh.

The post-lunch program commenced with a session by Mr. Gaurav Saini, Director HR, Nokia. Fun-filled activities, frequent questioning, and discussions on contemporary issues made the entire session extremely interactive and engaging. He presented his insights on success and developing the required skills for a successful career during the session. Dr. Baljeet Singh, Co-Chairperson Placements IIM Jammu, presented the token of appreciation to Mr. Saini.

Ms. Avny Lavasa, IAS, Deputy Commissioner Jammu graced the occasion in person and motivated the students towards empowering women. She enunciated that 'Women Empowerment' is not just restricted to women but the society as a whole. Every woman and every person around them must be empowered to move the society in a positive direction. She concluded the informative session by sharing her own experiences and encouraged the students to be confident and respect everyone around them, no matter their gender or background.

The internal sessions by IIM Jammu faculty and staff included session by Cmdr Kesavan Baskkaran (R) Chief Administrative Officer, Dr. Dhruv & Dr. Deepika, Campus Doctors, IIM Jammu, Dr. Rambalak Yadav, Chairperson, International Relations, Shri Shailesh Lohiya, Librarian, CA Rajat Jain, Financial Advisor and Chief Accounts Officer, and Dr. Nitin Updhyay, Chairperson, MBA, IIM Jammu.

The second day of the orientation ended with a vibrant cultural event where the students showcased their talents in front of the batch. The evening session also included the dinner with the new IPM batch, faculty and staff of IIM Jammu.

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Glimpses from the Orientation Program of the 2nd Batch of IPM: Day Two







